



Mentoring A Nation

Man a Gwan

**“COMMUNITY FATHERING OUTREACH”
program**

(2 x half days)



This resource is provided free of cost to churches for use by their MEN'S FELLOWSHIP ministry to conduct two half-day seminars as part of evangelism and impact outreach to men in your church community .

Men who have completed the MAN "Essentials in Fathering" workshop or certified under the the MAN/MAN UNITED *Master Training Program*, using "THE WORLD NEEDS A FATHER " curriculum, will find more familiarity with this material. This material is drawn from the Master Training program

***By authority of the Oversight Board,
Mentoring a Nation / MAN UNITED***



AGENDA- Day 1

- State of Jamaican Fatherhood: 9:00 am- 10 am**
- Coffee Break: 10 :00 am- 10:15 am**
- God's Heart/Family Issues: 10: 15 am- 11:00 am**
- Effects of Father-Involvement: 11:00 am- 12:00 noon**
- Father Wound: 12: 00 am- 1:00 pm**
- LUNCH: 1:00 pm**



AGENDA- Day 2

9:00 am – 11:00 am Real Manhood

11:00 -11:15 COFFEE BREAK

•11:15 am- 1:15 pm Four KEY Responsibilities of Fatherhood

•1:15 pm- LUNCH



State of Jamaican Fatherhood (9:00 am – 10:00 am)



Approximately 8
out of 10 Jamaican
children are born
out of wedlock

In “*What We Sow and What We Reap*” Dr. Barry Chevannes found that:



- about 7 out of 10 of Jamaican “baby fathers” stood by their pregnant baby mother while she was pregnant
- less than half of baby fathers gave long term personal support after the child was born.
- Half of these fathers interviewed said they had more than one partner.
- More than half of these fathers, however wanted to have more partners, but did not have the money to support this desire
- In *Bio Med Central research* : 3 out of 10 Jamaican “baby fathers” of newborns reported two or more sexual partners in the past 12 months



- more than half of our children have no registered fathers
- Many Jamaican “fathers” act only as sperm donors



Societal LET OFF (MAN GET WHEY)

Janet Brown Study



- A man who decides not to “own” a child might be called “worthless” but is rarely made to feel bad by friends and family or shunned by other women.
- there are very low expectations in terms of fathers playing an active role in raising the children.

Janet Browns study :

WHAT DO YOU THINK ABOUT THESE FINDINGS ??

- men distinguished between getting children (given paternity and named as the father) and having them (which implied maintenance and care for them).
- For younger men, ability to care for children bore little weight in a decision to father children.
- nurturing children was not seen by men as a man's function , even though many were involved in tidying them etc

JANET BROWN STUDY:

WHAT DO YOU THINK ABOUT THESE FINDINGS ??

- outside children are often sacrificed to the welfare of children in current unions
- Frequency and quality of men's relationship with children was highly dependent on relationship with children's mother

WHAT DO YOU THINK OF THESE FINDINGS ?

- Only 6 out of 10 MEN AND WOMEN in the inner city study felt that a good father should provide financially .
- In two of the communities, only just over 3 out of 10 people also thought that it was important for a father to "create a good family life" and "set an example",
- in the other communities, only one out of 10 people thought that fathers should "guide and educate", "spend time and effort", provide "respect and positive interaction" or "provide discipline."



COFFEE BREAK

(10:00am - 10:15 am)



GOD'S HEART

(10:15 am - 11 am)



GOD'S HEART

- GODS's heart was described in the mission given to a man named John the Baptist in the book of Luke – Chapter 1, verse 17
 - To turn the hearts of fathers to their children.
 - To let us into his wisdom and his "things"
 - To prepare people hearts to receive God's son



GOD'S HEART

WHAT IS THE
BIGGEST
PROBLEM
WORLDWIDE ?



FAMILY LIFE **PROBLEMS**

- Research in many countries over the last 5 years has shown that:
 - Bad family life is the biggest problem in the world
 - Fatherlessness is at the center of this problem
 - Worldwide, men are responsible for most of the problems



**MORE RESEARCH-
The Effects Of Father
Involvement
(11:00 am – 12:00
noon)**

*Findings from the Father Involvement
report*

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KEY FINDINGS- General

- Infants of highly involved fathers are more aware and competent at age 6.
- School aged children of involved fathers are also better school achievers.
- They are better problem solvers as infants/toddlers, and of higher intelligence by age three

KEY FINDINGS- Emotional Development And Well-Being



Children with involved fathers usually:

- Display a greater tolerance for and ability to handle strange, stressful and frustrating situations
- Experience less emotional distress
- Display fewer expressions of negative emotions such as fear and guilt
- Have fewer anxiety problems
- Solve conflicts by themselves rather than seeking the teacher's assistance



KEY FINDINGS- Social Development

Children who have involved fathers are more likely to grow up to:

- Be tolerant and understanding
- Be well socialized and successful adults
- Have supportive social networks consisting of long-term close friendships



KEY FINDINGS- Social Development

Children who felt close to their involved fathers are more likely to:

- Have long term, successful marriages
- Be satisfied with their romantic partners in midlife
- Have more successful intimate relationships
- Be less likely to divorce



KEY FINDINGS- Spiritual Development

- The image of God children have at 6 years old is from the image they carry of their own father:
 - The absent father portrays an absent God
 - The disconnected father portrays a disconnected God
 - The permissive father portrays a permissive God
 - The neglecting father portrays a neglecting God
 - The emotional father portrays an emotional God



MAKE EVERY SEASON COUNT

Up to age 6- mother impact bigger

Age 6-12; father impact bigger

Age 12-18 peers/friends impact is big

Age 18-21: Father impact (another chance !)

Above age 21- culture impact



THERE IS OFTEN A Father Wound

12:00 noon – 1:00 pm

LETS TALK ABOUT WOUNDS



In what other areas of your life you feel your father has failed you or hurt you if any ?

What do you see in your life as consequences of this?

What have you done, or what are you doing to address this?



STEPS TO ADDRESS THE WOUND



**ANY VOLUNTEERS WANT
TO SHARE PERSONALLY ?**

A. Take 15 minutes to own The Problem



- identify the hurt/wound, know where it came from and why it caused so much pain, then understand what damage it caused in your life.
- acknowledge that you have a father wound/hurt and that you want to get it healed.
- Name the hurt/wound: e.g., “My father has done this or that” or “My father has neglected to do this or that.”



- Name the unfulfilled need by stating it verbally:
 - Say clearly what you wanted to hear/see/experience from your dad.
 - Write it out as if writing to your father
- Face the facts about the impact of the wound:
 - Acknowledge if it created anger in you towards him, toward life or toward God, and acknowledge if any other related symptoms are present in your life like laziness, “wicked” feelings”, outbursts, gossip.



B. Recieve Forgiveness and Forgive from hereon

- **Surrender your life to Jesus, accept His forgiveness and ask his help to heal the wound that it go no further**

.....Forgiveness is not a weak surrender. **It is a strong act of writing off the debt of someone else** and deciding to pay the price yourself.



- Forgive your father and surrender all hard feelings to Jesus
- Discard undue expectations of your father
- Ask God to forgive others responsible for hurt in your family



C. Step Into Inner Victory

- Allow your heavenly father to run things in your life and in your thoughts
- Accept that God has chosen your parents for you to prepare you for what he wants to do through you.
- Decide to confront all thoughts and **exchange negative ones for positive ones**
- Find actions that connect with your new way of thinking and practice them until they become habits.



D. Walk Together

1. Fight against pride or self-pity and ask someone to keep you accountable.
2. Set your mind to use experience and your healing wounds to help others to heal.
3. Spend time in healthy relationships with older men (mentors) that could model fatherhood to you.
4. Become the father you never had (find someone to father !)
5. Life-coach other fathers into authentic fatherhood.



LUNCH BREAK
and end of Day 1
(1:00 pm)



Day 2



AGENDA- Day 2

9:00 am – 11:00 am Real Manhood

10:00 -10:15 COFFEE BREAK

•11:15 am- 1:15 pm Four KEY Responsibilities of Fatherhood

•1:15 pm- LUNCH



Real Manhood, Real Fatherhood (9:00 am- 10:00 am)

- "A real man is a man who courageously stands
by his convictions in challenging times."



POPULAR Understanding Of Manhood

- “position”:
 - A man is what he does, not who he is.
- Earned value:
 - He must out-think, out-play and out-earn others.
- His goal is success:
 - Often at the expense of his marriage, his children and meaningful, close relationships.
- His reward is power:
 - Personal wealth and affluence.



A Real Man

- ***"A real man is a man who courageously stands by his convictions in challenging times."***



The Cost Of Being A Man

We are called to be people of conviction, not conformity; of moral nobility, not social respectability.

We are commanded to live differently and according to a higher loyalty. -- Martin Luther King, Jr.



A Real Man

- ***"A real man is someone who lifts the bar for himself and others from the mediocre to the level of nobility, the music of eternity."***



A Real Man

- *"Real men take up responsibility and execute it with sincere intentionality."*



A Real Man

- ***“Real men reject passivity with energetic initiation and implementation.”***

....in other words....they stop saying they cant bother to do this and that and take action



COFFEE BREAK
(10:00am -10:15 am)



The Four KEY Responsibilities Of Fathers (10:15 am- 1:15 pm)

The Four KEY Responsibilities Of Fathers

(confirmed by research all over the world including Jamaica)



1. A father establishes **authority**
2. A father confers **identity**
3. A father provides **security**
4. A father affirms **potential**



LETS LOOK AT THESE IN TURN:

Authority

Identity

Security

Potential



How To Develop Moral Authority



How To Develop Moral Authority

- The key disciplines necessary to develop moral authority are:
 - A. To submit to the moral authority of the Word Of God.
 - B. To allow the Spirit of God to take control.
 - C. To purify and obey the conscience....that is - *Ask God to show us where we have not obeyed certain instructions of his.*
 - D. To say no to immoral activities.
 - E. To submit to accountability.



Moral authority...

- Moral authority is shown when our actions line up with good conscience
- Our actions are regularly against our conscience and our common sense. How many times have you discovered people who know what to do, but they just do not do it?
- A father's actions are to be put in line with a purified conscience.



Confronting Immoral Activities

- Moral authority is demonstrated by those who intentionally avoid and confront immoral activities.
- Fathers with moral authority say no to what is wrong. Consider your culture, and identify five common things to which you must say no.

Fight vigorously the evils of the world in a humble and loving spirit. The transformed nonconformist, moreover, never yields to the passive sort of patience which is an excuse to do nothing.

-- Martin Luther King, Jr.



- Consider your environment and culture
 - identify and discuss five common things to which you know you really should say no to



Moral Authority Grows In Submission To Accountability

- Moral authority grows in submission to accountability.
- When fathers demonstrate accountability, they set a great example for the children to do the same.
- The intent of the father should never be to show he is always right, but only to show that he has a sincere desire to do the right thing.
- If he invites everyone to help him with this, the attitude of his children will be open, approachable and teachable.



Moral Authority Grows In Submission To Accountability

- WHAT IS YOUR APPROACH TO SUBMISSION ?



Submit to Mentors

- We should submit to mentors to keep us accountable in all the dimensions of our life:
 - Spiritually
 - Mentally
 - Physically
 - Emotionally
 - Environmentally



AUTHORITY :

***A Father Should Assume the
Disciplinary Responsibility***



Different Disciplinary Influences

- Discipline by example
- Spiritual discipline
- Discipline by affirmation
- Self-discipline
- Holistic discipline
- Collective discipline
- Corrective discipline



Basic Disciplinary Rules

1. Understand the world of your child!
2. Understand different temperaments.
3. Stay emotionally connected with the child. A small eye movement may then reap the right results.
4. Only say 'NO!' when it is really necessary.
5. Do discipline 'with' your child, not to your child



Basic Disciplinary Rules

6. Never discipline as outbursts of anger. Control your anger!
7. Only discipline disobedience and immoral actions and as safety precaution.
8. Always give two warnings.
9. Always debrief after the disciplining:
 1. Give the reason why
 2. Re-affirm your love to the child
 3. Re-state the rules



Practicing Community On Discipline

1. Name a few types of discipline in the group and discuss the benefits and dangers of each:
 1. Spanking
 2. Sending to room/bathroom
 3. Standing in corner
 4. Withholding privileges

2. What is your preferred form of discipline?



IDENTITY

An earthly Father OTHERWISE Confers Identity By



1. Helping his children to sift the past and hold only on to the beneficial part of their heritage.
2. Holding on to the right values, associating with the right friends and implementing the right choices in the present.
3. Directing his children to stay the course of the beneficial mission they have embarked on.



Security



A Father Provides Security

*The name of the Lord is a strong tower;
The righteous run into it and are safe!*



A Father Provides Security

- Fathers should provide security in and through:
 - Conviction/discipline
 - Values
 - Friends
 - Choices
 - Direction
 - Creating an environment of love
 - Emotional stability
 - Communication
 - Physical Safety



Fathering That Creates Fear, Shame And Guilt

Expectations based love creates fear



Fathering That Creates A NO FEAR Environment



A. The Way We sometimes Love

- I expect you to make me happy and give me security and/or significance.
- My dreams/ideals are centered around you.
- I give you the power to make me happy or miserable.
- I expect you to live up to my created idol of a husband/wife/child.
- Because I treat you well, you should become what I expect.



God Loves is how he wants us to love

- One-sided, irrespective of return.
- No expectations or manipulation.
- He keeps on forgiving.
- Self sacrificially.
- He loves us even though we are “useless”.
- He gives and gives from the inside out.



B. Mommy Comes First

- How we love our children's mother is the first and primary relationship our children observe.
- To love our mommy well is the core of our children's security.
- Children grow up in an emotional "security complex" when they know that:
 - Dad will never leave mommy (for better or for worse, until death do us part).
 - Dad and mom will find a way to settle their conflicts.
 - Dad and mom have a total commitment to respect, comfort and support each other



The Security Of No Divorce

- *God was there as a witness when you spoke your marriage vows to your young bride...God, not you, made marriage.*
- *His Spirit inhabits even the smallest details of marriage. And what does he want from marriage? Children of God, that's what. So guard the spirit of marriage within you. Don't cheat on your spouse.*
- *I hate divorce, says the God of Israel ... You make God tired with all your talk ... by saying: "Judgment? God's too nice to judge".
(Malachi 2:14-17, The Message)*

Daddy's Home – what are you building ?



Aggressive



Agonized



Anxious



Apologetic



Arrogant



Bashful



Blissful



Bored



Cautious



Cold



Concentrating



Confident



Curious



Demure



Determined



Disappointed



Disapproving



Disbelieving



Disgusted



Distasteful



Eavesdropping



Ecstatic



Enraged



Envious



Exasperated

Daddy's Home – what are you building ?



Exhausted



Frightened



Frustrated



Grieving



Guilty



Happy



Horrorified



Hot



Hungover



Hurt



Hysterical



Idiotic



Indifferent



Innocent



Interested



Jealous



Loaded



Lonely



Lovestruck



Meditative



Mischievous



Miserable



Negative



Obstinate



Optimistic

Daddy's Home – what are you building ?



Pained



Paranoid



Perplexed



Prudish



Puzzled



Regretful



Relieved



Sad



Satisfied



Sheepish



Shocked



Smug



Surly



Surprised



Suspicious



Sympathetic



Thoughtful



Turned-On



Undecided



Withdrawn

Fathers Should Lead The Way In Effective Communication

PRACTICE **Investigative** **Listening**



Degrees Of Communication

- Level 1: Chit chat
 - This is very surface/artificial , e.g., "How are you?"
- Level 2: Facts
 - This is when you share or ask for details, for instance, "How did you do on your test?"
- Level 3: Opinion or solutions
 - This happens when you respond with your idea or suggest a solution to the issue at hand.



Degrees Of Communication

- Level 4: Feelings
 - This happens when you connect with the person on a “feelings” level by reflecting that you understand more than the facts; you understand what the situation has done to the emotions of the person.
- Level 5: Total transparency
 - This intimate communication is experienced when there is nothing hidden between two people.
- The most important thing to remember is: Stay in the room of the feeling!



Fathers Are Providers

- The idea of being accountable for others is really really important for what God requires.
- Children should grow up with the sense of security that “my father will provide for me.”



Discuss

- What should the understanding be when husband and wife share the financial responsibility?



POTENTIAL



A Father Affirms Potential



A Father Validates Potential

- Father God is the Affirmer:
 - John 14:12; 20:21
 - 2 Corinthians 5:20; 6:1
- A father needs to:
 - Realise that affirmation is vital
 - Affirm according to the need of the season.
 - Affirm each child according to his or her gifts.
 - Confirm gender identity.
 - Release his children into destiny – the rite of passage.



The Importance Of Affirmation

- Affirmation of positive behavior produces far better developmental results than the correction of negative behavior.
- Simply put, affirmation is a better educator than correction.



How To Affirm: One Minute Affirmation

- Praise people immediately.
- Tell people what they did right – be specific.
- Tell people how good you feel about what they did right, and how it helps.
- Stop for a moment of silence to let them 'feel' how good you feel.
- Encourage them to do more of the same.
- Shake hands or touch people in a way that makes it clear that you support their success.....

-- Ken Blanchard

Affirm each child according to his or her gifts, character and unique style



- Discover the gifts society generally would not affirm.
- Affirm the unique values your child carries.
- Know the social style of your child and affirm accordingly



A United Front

1. The father and mother should be a united front in deciding on the moral environment for the children.
 - Be careful not to critique each other in front of the children.

2. Be united by the transferal and interpretation of faith.
 - The most important principle for a child to learn is the principle of obedience.
 - Mothers generally have a better pulse of their children's struggles and emotions.
 - Fathers generally have the bigger picture in better focus.



Imparting Intimacy To The Children

- Intimacy is the special connection between two people where words are not always necessary.
- The intimacy between husband and wife creates environment in which intimacy can be transmitted.
- Children thrive in an atmosphere of harmony



Imparting Intimacy To The Children

- Intimacy is enhanced by:
 1. Being connected by the eyes
 - Our eyes communication connection or disconnection
 - By watching mom's eyes, children know if mom is connected with dad
 2. By sharing wounds which unite
 - Couples bare their hearts by being transparent
 - We are attracted by strength, but bond through weakness
 - The most intimate space is the space of pain



LUNCH BREAK
and end (1:15 pm)